

If you want to know me, look inside your heart.

Tao Te Ching consists of 81 poems written by Lao-Tzu around 550 BC

Think of the **Tao** as the unnamable, essential, ideal form, and process of all existence.

PLEASE DIG DEEPER - IT'S A HUGE CONCEPT

I have just three things to teach: simplicity, patience, compassion.

These three are your greatest treasures.

wei wu wei action without action

IT'S NOT A MATTER OF DOING NOTHING

How can we achieve a wholly instinctive way of behaving?

WHERE WE CANNOT SEPARATE AN ACTOR FROM THE ACTION

If you don't trust the people, you make them untrustworthy.

Knowing others is intelligence; knowing yourself is true wisdom. Mastering others is strength; mastering yourself is true power.

If you over esteem great men, people become powerless.

In thinking, keep to the simple.
In conflict, be fair and generous.
In governing, don't try to control.
In work, do what you enjoy.

Those who know don't talk. Those who talk don't know.

The Master leads by emptying people's minds and filling their cores

When they think that they know the answers, people are difficult to guide. When they know that they don't know, people can find their own way.

The Master doesn't talk, he acts.

When his work is done,
the people say, "Amazing:
we did it, all by ourselves!"

The Master has no possessions. The more he does for others, the happier he is. The more he gives to others, the wealthier he is.

POEM 81

Care about people's approval and you will be their prisoner. Do your work, then step back. The only path to serenity.

Tao Te Ching Translations (C) 1988 by Stephen Mitchell Harper & Row, Publishers

Tao Te Ching

Written in Chinese

it must be translated

Written 25 centuries ago

it must be interpreted

In the form of poetry

it must be expressed

We shape clay into a pot, but it is the emptiness inside that holds whatever we want. Stephen Mitchell

One hollows the clay and shapes it into pots: In its nothingness consists the pot's effectiveness. Richard Wilhelm and H.G. Ostwald

Hollowed out, clay makes a pot. Where the pot's not is where it's useful. Ursula K. Le Guin Shape clay into a vessel; It is the space within that makes it useful. Gia-Fu Feng and Jane English

4 TRANSLATIONS FOR THE SAME PASSAGE OF POEM 11

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